

**Michael Smith Optometry**  
**Michael J.W.Smith, Behavioural and Developmental Optometrist**  
**3A / 68 Elgin Boulevard, Wodonga**  
**Ph 02 6056 2699**

## Health and Developmental Questionnaire

Date of initial appointment

### Please complete and return

The information given in this questionnaire is confidential. Please answer as many questions as possible, as this information will assist us in helping you or your child. If you do not know the answers to any of the following questions, they can be discussed during your appointment.

CHILD'S NAME.....DATE OF BIRTH  
ADDRESS.....  
.....POSTCODE.....  
TEL NO.....EMAIL.....  
CARE GIVER 1 NAME.....CARE GIVER 2 NAME.....  
PARENT/CAREGIVER OCCUPATIONS  
CAREGIVER 1.....WORK NO.....  
CAREGIVER 2.....WORK NO.....

HOW DO YOU WISH TO BE CONTACTED (please circle)

PHONE            SMS            EMAIL

MEDICARE NUMBER.....POSITION ON CARD.....EXPIRY.....

### PARENT/CAREGIVER CLAIMANT DETAILS

NAME.....D.O.B.....

MEDICARE NUMBER.....POSITION ON CARD.....EXPIRY.....

Does the child live with both parents/caregiver YES    NO    if no

how much time with parent/caregiver 1 .....

how much time with parent/caregiver 2.....

SCHOOL ATTENDED.....GRADE/YEAR.....

FROM WHOM DID YOU HEAR OF OUR SERVICES.....

**Areas of difficulty**

Child's present area of difficulty

Reading            writing            spelling            no definite preferred hand  
Co-ordination    speech            behaviour        delayed development  
Concentration    any other problems.....

**Family history**

Any family and/or relative with

Reading problems    Ambidextrous    Left handed    Poor co-ordination    similar problem to child

**SIBLINGS:**

Name                                  age                                  position in family                                  handedness  
.....  
.....  
.....  
.....

**Birth history**

PREGNANCY did mother have any of the following during pregnancy:

Infectious disease    severe trauma    high blood pressure    toxemia  
medication    oedema    haemorrhage    Pregnancy difficult to maintain

Did mother smoke during pregnancy

other.....

Gestation.....weeks.....

BIRTH length of labour (hrs).....Birth weight.....

Was labour..... normal    induced                                  assisted    caesarean

Were instruments used    Yes    No

Was anaesthesia used    none    general    local                                  spinal

Type of presentation    head    breech                                  feet first

Describe any birth complications.....

**Post natal history**

**YES                                  NO**

Was baby well at birth

Did baby have difficulty crying or breathing after birth

Did baby have any difficulty sucking in first 24hrs

Did baby require any intervention in first 24hrs

    If yes please describe.....

Was baby bottle fed

If breast fed – how long

Was disposition of baby abnormal

Was feeding difficult to establish

Did baby fail to regain birth weight by 5 days

Did baby have jaundice

Did baby have any sleeping difficulties in first 6 months

Did baby have any feeding difficulties in first 6 months

### Developmental History

YES

NO

Did baby object to lying on their front

Did he/she seem too active to you

Did he/she seem too inactive/lack curiosity to you

Was child slow learning to roll over (more than 6 months)

Did child **omit** stage of moving on floor on their tummy

Was child propped to learn to sit

Was he/she **unable** to sit alone at 8 months

Did he/she shuffle around on their bottom

Did he/she **NOT** crawl on hands and knees

Did he/she walk **before** 10 months

Did he/she walk **after** 18 months

Was walking clumsy for a long time

Did he/she spend more than 1-2hrs daily in a playpen

Did he/she spend more than 1-2hrs daily in a walker

### Motor skills

Do you consider your child has poor motor co-ordination

Was your child unable to learn to run, hop, jump, skip easily

Was your child late to develop a preferred hand (after 2 ½)

Is he/she poor at ball games (catching/hitting) or at sports

Do you consider he/she has poor balance

### Hearing and speech

YES

NO

Are you concerned about his/her hearing

Is he/she sensitive/upset by loud noises

Was development of speech considered abnormal

Does he/she have difficulty expressing themselves fluently  
Has your child had a hearing test  
If yes, was hearing normal

### General Development

As an infant did he/she object to being cuddled  
Does he/she appear to have a **high** pain tolerance  
Does he/she appear to have a **very low** pain tolerance  
As an infant was he/she upset by movement/play  
As an infant did he/she lack a sense of adventure  
Was his/her sense of danger poorly developed by age 2  
Was he/she a climber extraordinaire  
Does he/she continue to have minor accidents(falls, bumps)  
Did he/she have difficulty learning left from right by age 6  
Does he/she get car sick  
Does he/she touch everything especially when in new places  
Is he/she always asking questions

### Personality

Please tick appropriate conditions

Easy to anger    Impulsive    Short attention span    Lacks confidence    Over active  
Underactive    Tries hard    Gives up easily    Stubborn    Dependent    Self sufficient  
Easily excited    Overly sensitive emotionally    Easily lead by others

### Schooling

Does your child like going to school..... yes    no  
Does your child have a behaviour problem at school.....yes    no

If yes, please describe.....  
.....  
.....

How does your child get on with classmates - Liked    a clown    a loner    a leader    a bully

Has your child had any of the following ? please tick

Special remedial help (eg Reading Recovery)    Psychological testing

Has your child repeated a grade    yes    no

### Nutrition & diet

What beverages does he/she like to drink ?.....

What vegetables and fruit does he/she like to eat ?.....

.....  
What vegetables/fruit does he/she dislike.....

.....  
List the foods he/she likes most.....

.....  
List foods he/she dislikes most.....

.....  
How often per week does he/she have

Lollies.....Milk shakes.....Sweet biscuits..... Softdrinks.....Icecreams.....

Potato chips..... Cordials .....Cakes/donuts.....White bread.....

**Typical daily diet**

On rising.....

Breakfast.....

Mid morning.....

Lunch.....

Mid afternoon.....

Dinner.....

Evening.....

**Medical History**

Please tick any conditions below that your child has suffered:

**Infectious diseases**

Measles Mumps Chicken pox Glandular fever German Measles Whooping cough  
others.....

**Other infections**

Repeated 'colds' Glue ear Ear aches Middle ear infections Frequent sore throats  
Tonsillitis Bronchitis Pneumonia Meningitis Encephalitis Urinary tract infections  
High temperatures of unknown origin

**Allergies**

Persistently blocked nose Snuffly baby Hay fever Asthma Sinusitis Eczema

Known food allergies (please list).....

.....  
Other allergies (please list).....

.....  
**Abnormal reactions to immunisations**      yes      no

**Any of the following**

Convulsions    Epilepsy    Chronic diarrhoea    Constipation    Obesity    Poor appetite  
Lack of energy    Excessive sweating

**Injury**

Head injury    Concussion    Broken bones    Poisoning

Other (please explain) .....

**Disorders of**

Blood    Kidneys    Heart    Lungs    Gastrointestinal tract

**Medication**

Is your child on any medication    yes    no

If so please detail.....

**Other Professionals**

Please list any other specialists/consultants seen eg vision, auditory, speech pathologist, occupational therapist, osteopath, chiropractor, podiatrist etc

Date                    Institution/consultant    Speciality                    Results

.....  
.....  
.....  
.....  
.....

List hospitalization, if any, giving age at which occurred and reason

.....  
.....  
.....

**Any other information you may consider relevant**

.....  
.....

**Visual History**

Does one eye turn in or out ?    **Yes**    **No**

If yes, when was this first noticed ?.....How often is turn noticed ?.....

When is turn noticed, eg when eating, drawing etc. ?.....

Has child had any previous visual examination ?    **Yes**    **No**

If yes, when was the last examination ? .....

Were glasses prescribed ?    **Yes**    **No**

Has patching of one eye been prescribed ?    **Yes**    **No**

If yes, how long was patch worn ?.....

Does child dislike bright light especially when outside ? **Yes**    **No**

Does child screw up one eye when in bright light ? **Yes**    **No**

Tick the box next to any problem that seems to occur often for your child.

**Signs of Focusing and Eye Teaming Problems**

Covers or closes one eye when reading		Complains of words moving on the page	
Complains of eyestrain		Inattentive	
Complains of headache		Poor reading comprehension	
Complains of double vision		Loses place when reading	
Complains of blurred vision when reading		Complains of blurred vision looking from desk to board	
Rubs eyes		Holds book very close	

**Signs of Tracking Problems**

Loses place often		Uses finger to keep place	
Skips words and lines often		Short attention span when reading	

**Signs of Visual Processing Disorders**

Trouble learning left and right		Untidy writing	
Reverses letters and numbers		Trouble copying from border to book	
Mistakes words with similar beginnings		Doesn't recognise the same word repeated on a page	
Poor recall of visually presented material		Trouble with spelling and sight word vocabulary	
Slow copying and completing worksheets		Seems to know material, but does poorly on written tests	
Can respond orally, but not in writing		Erases excessively	
Trouble learning basic math concepts of size and magnitude		Poor reading comprehension yet good comprehension when listening	